

Advanced Primary Care at No Cost* to You

Your Health & Welfare Fund has
contracted with Blue KC to provide
exclusive access to Spira Care Centers.

Your Blue Cross and Blue Shield of Kansas City (Blue KC) health plan gives you access to personal, compassionate, advanced primary care at Spira Care Centers.

We put you at the center of everything we do.

We Look Forward
to Seeing You.

MAKE AN APPOINTMENT
913-29-SPIRA (77472)



At Spira Care Centers, you have access to an entire Care Team and a variety of advanced primary care services for newborns, infants, children, adolescents, adults and seniors – **all at no cost* to you.**

We foster a partnership between you and your Care Team of doctors, physician assistants, nurse practitioners, and more. We treat you as an individual, not a set of symptoms. We take the time to listen, not rushing you in and out. And we talk with you, not at you.

It is about supporting your health with a full array of primary care services under one roof – at no cost* and without the stress and complexity. It's called advanced primary care. And it's a better healthcare experience.

We Don't Just See Patients. We Look at the Whole Person.



Meet the Spira Care Teams at [SpiraCare.com](https://www.spiracare.com) or call Spira Care at **913-29-SPIRA (77472)** to make an appointment.

Spira Care Crossroads

1916 Grand Boulevard
Kansas City, MO 64108

Spira Care Independence

3717 S Whitney Avenue
Independence, MO 64055

Spira Care Lee's Summit

760 NW Blue Parkway
Lee's Summit, MO 64086

Spira Care Liberty

8350 N Church Road
Kansas City, MO 64158

Spira Care Olathe

15710 W 135th Street, Suite 200
Olathe, KS 66062

Spira Care Overland Park

7341 W 133rd Street
Overland Park, KS 66213

Spira Care Shawnee

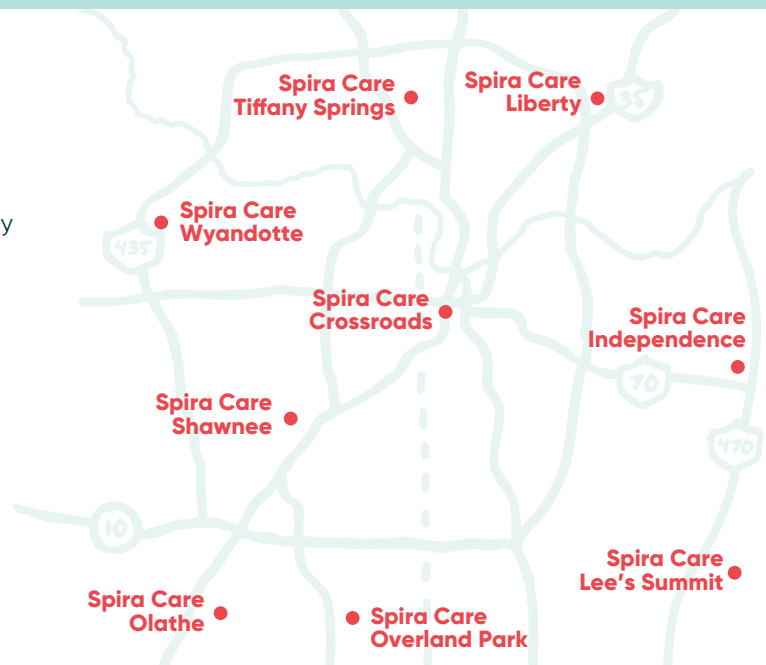
10824 Shawnee Mission Parkway
Shawnee, KS 66203

Spira Care Tiffany Springs

8765 N Ambassador Drive
Kansas City, MO 64154

Spira Care Wyandotte

9800 Troup Avenue
Kansas City, KS 66111



Learn more about our Care Teams,
locations and hours at [SpiraCare.com](https://www.spiracare.com).



Access your Spira Care Patient
Portal at [MySpiraCare.com](https://www.myspiracare.com).

You're at the Center of a Doctor-Led Care Team

Advanced primary care is about working together to help you reach your health goals. And a big part of that is your Care Team.

- **Physicians, Physician Assistants, Nurse Practitioners** offering everything from routine care to preventive visits to treatment of illness.
- **Behavioral Health Consultants** to provide support and consultation sessions for things like stress, depression and anxiety. They also help patients manage underlying behavioral health challenges that accompany chronic medical conditions like diabetes, lung disease, hypertension, and chronic pain, among others.
- **Diabetes Educators** to help you manage diabetes.
- **Health Coaches** to help you make lasting, positive lifestyle changes like eating healthier and exercising more.
- **Care Guides** leverage their nursing and benefit experience to help navigate healthcare and answer questions regarding cost and care management.

Appointment Types, Services and Benefits

Whether you need preventive care, treatment for an illness or help making lifestyle changes, count on Spira Care – all at no additional cost* to you.

- **Primary Care** for newborns, infants, children, adolescents, adults and seniors
- **Routine Preventive Care** including wellness visits, screenings, and immunizations
- **Sick Care** for things like pink eye, the flu and urinary tract infections
- **Chronic Medical Condition Management** for things like diabetes and heart disease
- **Injury** treatment for lacerations and musculoskeletal injuries**
- **Immunizations** covering a wide range of CDC-recommended immunizations** for newborns, infants, children, adolescents, adults and seniors
- **Digital X-Rays** and **Routine Lab Draws*****

No Cost for Appointments

You will not be billed for any appointment or service at Spira Care Centers. The Fund contracts directly with Blue KC to offer participants exclusive access to Spira Care Centers, ensuring you do not have to pay out-of-pocket for appointments and services at Spira Care Centers.

You have appointment options.

Our Care Teams have a variety of ways to see you. Give us a call at **913-29-SPIRA (77472)** to discuss your care need and what type of appointment will work best.

SPIRA CARE PATIENT PORTAL

The Spira Care Patient Portal is a secure and convenient way to communicate with your Care Team, access care summaries, request prescription refills and see your Spira Care provider virtually.

- Register for the Spira Care Patient Portal at **MySpiraCare.com**.
- If you need help or have questions, call a Care Guide at **913-29-SPIRA (77472)**.
- If you've already registered for your Spira Care Patient Portal, log in at **MySpiraCare.com**.

SPIRA CARE PATIENT GUIDE

As a patient, you have access to an abundance of services, benefits, and resources. We've put together a patient guide to cover everything you need to know and help you maximize your Spira Care experience.

Download it at [SpiraCare.com/UnionPatientGuide](https://www.spiracare.com/UnionPatientGuide).

* Health and Welfare Funds who contract with Blue KC to offer exclusive access to Spira Care Centers provide their non-medicare eligible participants access to appointments and services at Spira Care Centers at no out-of-pocket cost.

** Your health coverage through any of the Blue KC plans cannot be used for an on-the-job or work-related injury or illness.

*** All services provided at Spira Care Centers are based on your primary care needs only and must be ordered by a member of the Spira Care Team. This includes digital x-rays, routine labs and immunizations. Orders by a specialist or someone outside of the Care Center cannot be completed or fulfilled at Spira Care Centers.

Please note: In addition to Spira Care Centers, you will continue to have access to the Preferred Care Blue Network. Please refer to your plan document for costs associated with benefits outside of a Spira Care Center.